



PE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Real PE Unit 1: Personal	Real PE Unit 2: Social	Real PE Unit 3: Cognitive	Real PE Unit 4: Creative	Real PE Unit 5: Physical	Real PE Unit 6: Health and fitness
	Invasion games: netball/football	Real gym: Unit 1	Real gym: Unit 2 Invasion games	Real dance: Unit 1 (CPD Jane Douglas)	Swimming – Lovelace Striking/Fielding games: cricket/rounders	Swimming - Shelley Athletics, track, field
Year 4	Real PE Unit 1: Personal	Real PE Unit 2: Social	Real PE Unit 3: Cognitive	Real PE Unit 4: Creative	Real PE Unit 5: Physical	Real PE Unit 6: Health and fitness
	Invasion Games: tag rugby, bench ball, handball	Real gym: Unit 1	Swimming - Owens Real gym: Unit 2	Swimming - Lindgren Real dance: Unit 1	Net/Wall Games : tennis, badminton, volley ball	Athletics, track, field
Year 5	Real PE Unit 1: Personal	Real gym: Unit 1 Social	Real PE Unit 3: Cognitive	Real PE Unit 4: Creative	Real PE Unit 5: Physical	Real PE Unit 6: Health and fitness
	Swimming - Aquino Invasion Games: netball, basket ball	Swimming - Attenborough	Real dance: Preparing for Dance Festival	Real gym: Unit 2	Striking/Fielding Games e.g. cricket, rounders	Athletics, track, field
Year 6	Real PE Unit 1: Personal	Real PE Unit 2: Social	Real PE Unit 3: Cognitive Real gym: Unit 2	Real PE Unit 4: Creative	Real PE Unit 5: Physical	Real PE Unit 6: Health and fitness
	Invasion Games: hockey (CPD Berkshire Cricket)	Real gym: Unit 1	Invasion Games: tag rugby	Real dance: Unit 1	Net/Wall Games: tennis, badminton, volley ball	Athletics, track, field