

# Kids Come First®

## Separated Parent Support Workshops

### What's it all about?

Kids Come First offers specialist support to separated parents in group sessions or private workshops. Our unique, child-focused teaching program offers guidance on helping your children through the process and creating successful co-parenting partnerships. Our professional trainers have family mediation and counselling experience, delivering customised support during the difficult time of family breakdown.

### How do we help?

Becoming a separated parent is a dramatic change in anyone's life. Parents may find themselves struggling to maintain a positive, effective co-parenting relationship with their ex-partner and this can have a negative impact on their children. We provide the right support when parents need it most - helping you cope so your children can too.

### What options are available?

Parents can choose to attend a group workshop by themselves without their co-parent, or they can book a private workshop to attend together with their co-parent.

### Where & when are the workshops held?

We regularly hold workshops in Eton (SL4), and when there is sufficient demand, we can offer locations easily accessible for most of the Thames Valley. We offer appointments early weekday evenings and when there is enough demand, at weekends.

### What are the costs?

The course normally costs up to £100 if attending the group session and up to £125 if attending a private workshop (with your co-parent). The exact cost can sometimes be lower depending upon what bursaries are available. Please ask about the exact cost at the time of your enquiry.

### What if I am in court proceedings?

We aim to help parents keep matters out of the family courts where possible. However, everyone's situation is totally unique so we focus on positive parenting and ensuring the workshop is relevant to you in understanding your children's needs.

Contact [kidscomefirst@tvfms.org.uk](mailto:kidscomefirst@tvfms.org.uk) or  
call 01753 830770 for more information

